

VERELLE PENISTON STUDENT LUNCH MENU ~ **SEPTEMBER 2015**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Super Nachos w/ Beans Salsa Vegetable Fruit Milk	2 Hamburger w/ Bun Buttered Corn Vegetable Fruit Milk	3 Spaghetti w/ Meat Sauce Breadstick Vegetable Fruit Milk	4 Corn Dog Romaine Lettuce Salad Vegetable Fruit Milk
7 NO SCHOOL LABOR DAY HOLIDAY	8 Hotdog w/ Bun Chips Vegetable Fruit Milk	9 Grilled Chicken w/ Bun Green Beans Vegetable Fruit Milk	10 Chili Breadstick Vegetable Fruit Milk	11 Quesadilla w/ Salsa Vegetable Fruit Milk
14 Chicken Wrap Romaine Lettuce Salad Vegetable Fruit Milk	15 Burrito (Beef & Bean) Salsa Vegetable Fruit Milk	16 Breaded Beef Patty Mashed Potatoes w/ Gravy Vegetable Fruit Milk	17 Chicken Nuggets Tator Tots Vegetable Fruit Milk	18 Pizza Veggies w/ Dip Vegetable Fruit Milk
21 Chicken Patty w/ Bun French Fries Vegetable Fruit Milk	22 NO SCHOOL REQUIRED DEVELOPMENT DAY	23 Hamburger w/ Bun Buttered Corn Vegetable Fruit Milk	24 Walking Taco w/ Beans Romaine Lettuce Salad Vegetable Fruit Milk	25 Quesadilla w/ Salsa Vegetable Fruit Milk
28 BBQ Rib w/ Bun Buttered Corn Vegetable Fruit Milk	29 Hot Ham & Cheese w/ Bun Baked Beans Vegetable Fruit Milk	30 Chicken Parmesan Sandwich California blendVegetable Fruit Milk		

All lunches include the vegetable of the day and two fruits. Menu subject to change by Chillicothe Middle School.